

# City of Mountain Brook Fire Department

## Physician's Release to Full Active Duty

**Employee/Patient Name:** \_\_\_\_\_

**Date of Visit:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Diagnosis:** \_\_\_\_\_

### Essential Job Functions:

The Employee should/may:

- ▶ be stable with regard to consciousness and the control of voluntary motor functions and have the functional capacity to respond appropriately to routine and emergency situations.
- ▶ operate both as a member of a team and independently at incidents of uncertain duration.
- ▶ spend extensive time outside exposed to the elements.
- ▶ perform physically demanding work in hot, humid atmospheres while wearing equipment that significantly impairs body-cooling mechanisms.
- ▶ work, including walking, standing, pulling, pushing, climbing and crawling in wet, icy, or muddy areas.
- ▶ perform a variety of tasks on slippery, hazardous surfaces, such as rooftops or ladders.
- ▶ wear personal protective equipment that weighs in excess of 50 pounds while performing fire-fighting tasks.
- ▶ perform physically demanding work while wearing positive pressure breathing equipment.
- ▶ work for long periods of time, requiring sustained physical activity and intense concentration.
- ▶ perform complex tasks during life-threatening emergencies.
- ▶ make rapid transitions from rest to near maximum exertion without warmup periods.
- ▶ have freedom from frequent episodes of pain causing inability to perform work, or sudden incapacitation.
- ▶ have the ability to maintain balance under adverse conditions, weight loads, and at aboveground heights; and maintain body flexibility.
- ▶ have the ability to use manual and power tools in the performance of duties.

**Physicians Release Statement:** After having treated the above named patient for the noted diagnosis and having read and gained an understanding of the essential job functions that are relevant to the employment of this patient, I hereby release this patient to full active duty with the Mountain Brook Fire Department.

*Note: If you have questions or concerns, please contact the Mountain Brook Fire Department Safety Officer at 205-802-3838.*

Patient may report to work on (Date): \_\_\_\_ / \_\_\_\_ / \_\_\_\_.

**Physicians Signature:** \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

