

**PRE-MEETING AGENDA
MOUNTAIN BROOK CITY COUNCIL**

**CITY HALL PRE-COUNCIL ROOM (A106)
56 CHURCH STREET
MOUNTAIN BROOK, AL 35213**

OCTOBER 26, 2015, 6:30 P.M.

1. Street Lights upgrades on Brook Manor Drive-Ronnie Vaughn and Sam Gaston (See attached information.)
2. Request by HomeFit Consulting to hold a weekly exercise class for four weeks in front of City Hall-Cody Robinson (See attached information. This item could be added to the formal agenda.)
3. Executive Session

Lighting Proposal
City of Mountain Brook
Brook Manor Drive
Lighting Upgrade
October 21, 2015

Install:

2 – 150 watt HPS Cobraheads	@ \$13.78 ea.	= \$27.56
1 – 150 watt HPS Cutoff Cobrahead	@ \$15.99 ea.	= \$13.78
<u>1 – 6' Upsweep Bracket</u>	<u>@ \$6.00 ea.</u>	<u>= \$ 6.00</u>
Total Monthly Lighting Cost		= \$47.34

The two cobrahead fixtures on Brook Manor Drive will be a "bronze" color & the Cobrahead near the entrance to Brook Manor Drive will be a "gray" color.

Thank you for the opportunity to provide this quote. If I can be of further assistance you may contact me at 205-257-0115 or danjohns@southernco.com.

Sincerely,

Dan Johnson

Alabama Power Company

Lighting Services



- 1, 2, and 3 are existing lights that will be upgraded to 150 Watt HPS cobraheads.
- #2 will be a cutoff cobrahead.
- A 6 foot upsweep bracket will be installed on #1.



1



2



3

Sam Gaston

From: Cody Robinson
Sent: Thursday, October 22, 2015 4:03 PM
To: Sam Gaston
Subject: HomeFit Group Exercise Class Details
Attachments: Mountain Brook Small Group.pdf; ATT00408.htm

Mr. Gaston,

Below you will find the proposed details of the group exercise class we discussed. I have also attached a PDF flyer of the details. Please let me know if there is anything else you would like from us in the meantime.

Description:

A fun and challenging 45-minute full body workout with other Mountain Brook residents in Crestline Village! This will be interval training, intended to provide a quick, effective workout suitable for all fitness levels. Bring your own exercise mat and HomeFit provides the rest.

Day/Time:

Wednesdays @ 2:30pm

Location:

Front lawn of Mountain Brook City Hall

Dates:

4 Weeks: November 4th thru December 2nd (No class on Thanksgiving Week)

Cost:

\$40 per participant

Thank you,

Cody J. Robinson, MS, MPH, CSCS
President
HomeFit Consulting, LLC

w: 205-675-7412, ext. 700
m: [706-266-0433](tel:706-266-0433)

www.HomeFitConsulting.com
[@HomeFitBham](#)

10/23/2015

On-Site Group Fitness Class

Sponsored by **Mountain Brook Chamber of Commerce**,
in partnership with



What: Enjoy a fun and challenging full body workout with other Mountain Brook residents in Crestline Village! This will be interval training, intended to provide a quick, effective workout suitable for all fitness levels. Just bring your exercise mat and HomeFit provides the rest.

Where: Front lawn at City Hall

When: Every Wednesday at 2:30 pm, Nov. 4th thru Dec. 2nd

One class per week for 4 weeks

(No class Thanksgiving Week)

Cost: \$40 per participant

Register at:

www.homefitconsulting.com/MB